"וידבר אלוקים אל משה ויאמר אליו אני ד'" שמות ו:ב

"And Elokim spoke to Moshe and He said to him 'I am Hashem'" Shemos 6:2

The Shla HaKadosh learns out from here that a person must be very careful not to deliberate after the ways of Hashem. We can't know why Hashem makes things happen to us in our lives, be it for the good or seemingly to the contrary. Sometimes what we think may be bad for us, Hashem knows is really for our benefit.

R' Meir Soleveitchik draws this point out from the pasuk itself. Many מפרשים ask; why did Hashem need to tell Moshe "אני די" at the beginning of the Parsha? Hashem had already made His name known to Moshe previously. Why did Hashem repeat this ש here? We may ask as well that the pasuk seems to contradict itself from beginning to end. The pasuk begins with Hashem's name of אלוקים – representing judgment, and ends with the name of ד' – representing mercy. We explained earlier that Hashem spoke harshly to Moshe with the name of אלוקים because Moshe asked למה הרעתה. Hashem's response to Moshe's question was 'ד אני ד', meaning, how could you attribute a negative trait to Hashem and say and Hashem is good to all! R' Meir explains that Moshe was claiming that Hashem had told him to tell the Bnei Yisrael with the Bnei Yisrael with mercy. But the facts on the ground showed that "מאז שדיבר אם פרעה" the conditions had only worsened for the nation. It appeared that Hashem was using ואלוקים – even My expression of judgment is merciful.

Hashem always knows what is best for us and wants to do good for us. Even when we may feel that we are being adjudicated with strict judgment, we can rest assured that Hashem is still caring for us with mercy. It is not for us to ascertain why Hashem does what we perceive as "good" or "bad". Our job is to put forth our best effort just as the Bnei Yisrael toiled in Mitzrayim, and daven that we be זוכה to the in our days, just as our forefathers were redeemed from Egypt.